



# AMERICAN FAMILY CHIROPRACTIC

310 Penn Street, Suite 203, Hollidaysburg, PA 16648

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amerifamchiro.com

DR. WENDY PEHONSKY  
DOCTOR OF CHIROPRACTIC

DO YOU SUFFER  
FROM ANY OF  
THESE SYMPTOMS?

SPINAL STENOSIS

FATIGUE

HEADACHES

GENERAL PAIN

SHOULDER TENSION

DIZZINESS

MUSCULAR ACHES

NUMBNESS/BURNING

WE CAN HELP!

## Dr. Wendy Speaks About...



### Chiropractic Care

At American Family Chiropractic, we have one goal – to help you achieve your optimum level of wellness by providing compassionate, high quality patient care in an environment dedicated to healing.

We believe that healing is a progressive process. We'll be next to you every step of the way as we work with you to relieve your pain, correct the underlying cause of the problem, help strengthen your body and finally, maintain your improved health to prevent future injury and pain.

We treat you as an individual and with respect, and will design a treatment plan that is customized to your unique needs. Dr. Pehonsky and the entire staff at American Chiropractic are committed to treating the source of your pain by combining chiropractic care and rehabilitation. Working together, we can reach your optimum

wellness goals so that you can quickly return to the activities you love.

American Family Chiropractic uses the latest chiropractic techniques and treatment forms to help you on your road to recovery and wellness. We provide non-invasive and safe healthcare plans that strengthen and nourish as you heal.

Our patients are like family to us, and we strive to create a caring environment and friendly, individualized service so you feel comfortable as you work toward reaching your optimum level of health and wellness! Call our office today to schedule your complimentary consult so we can get you on the right path to a pain free life.

*Call Dr. Wendy at  
American Family Chiropractic  
first!*



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expires: \_\_\_\_\_

## COMPLIMENTARY CONSULTATION

### EFFECTIVELY TREATING:

Arthritis  
Auto Accidents  
Back Pain  
Carpal Tunnel  
Chronic Fatigue  
Chronic Pain



Fibromyalgia  
Headaches  
Neck Pain  
TMJ  
Sports Injuries  
Work Injuries